



SUIVERA 2026

GLOBAL OUTREACH Q1 IMPACT REPORT



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EXECUTIVE SUMMARY

The first quarter of Suivera's 2026 Global Outreach Initiatives reflects a meaningful transition from intention into sustained, measurable impact. Across multiple regions, including Pakistan, Uganda, and Kenya, new programs have not only launched but stabilized, delivering consistent support to underserved populations.

This quarter focused on strengthening foundations, reliability, and proof of concepts. Each initiative has demonstrated both immediate impact and the framework for long-term scalability, reinforcing Suivera's commitment to meeting human needs with dignity, consistency, and care.

From children entering classrooms for the first time, to orphanages receiving reliable nourishment, to young women reclaiming safety and autonomy, and neurodiverse adults building independent lives—this quarter represents real lives changed, not just programs started.



GLOBAL IMPACT SNAPSHOT



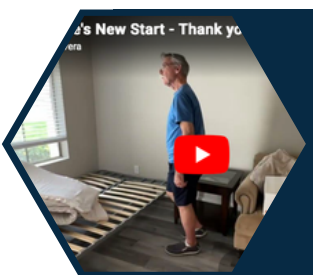
- 10 children provided full access to education, supplies, and meals (Pakistan)



- 6,420 meals/month delivered to orphaned children (77,040 annually) (Uganda)



- 2,880 sanitary kits/month distributed (34,560 annually) (Kenya, Africa partnerships)



- 8 individuals supported through housing and coaching programs



- 5 active global initiatives across 3 continents

ABOUT SUIVERA



Suivera is a global, heart-centered organization dedicated to creating spaces where people can heal, grow, connect, and rise together through compassion, dignity, and practical support.

Founded by Amber Mikesell and Austin Uhl, Suivera was built on a simple but powerful belief: when human beings are genuinely supported — emotionally, physically, spiritually, and relationally — transformation becomes possible.

What began as a digital community has evolved into a growing international movement reaching more than 1.3 million people across 113 countries through educational programs, outreach initiatives, emotional wellness resources, leadership development, podcasting, community support, and humanitarian impact projects.

Rather than imposing outside systems, Suivera's outreach model focuses on partnering directly with trusted local leaders and organizations to create sustainable, dignity-centered solutions within communities. These local teams help identify real needs, empower community leadership, and build long-term frameworks for growth and stability.

Current initiatives include but are not limited to:

- Educational access programs for underserved children
- Food security support for orphanages and vulnerable families
- Women's dignity and health initiatives
- Neurodiverse transitional living and independence programs
- Emotional wellness and relational development resources
- Community-centered global outreach partnerships

At the center of Suivera's mission is the belief that **love is not passive, it's actionable**. It's children receiving education, families receiving nourishment, young women reclaiming dignity and safety, neurodiverse individuals building independence, and communities learning to support one another across differences.

Suivera welcomes people of all faiths, beliefs, backgrounds, cultures, identities, and walks of life. The organization's work is rooted not in division, but in shared humanity, curiosity, compassion, and the belief that every person deserves to be seen, valued, and supported.

This report reflects the collective impact made possible through the generosity, trust, and partnership of donors, volunteers, community leaders, and supporters around the world.

KEY INITIATIVES & PROGRESS

PAKISTAN SCHOOLING INITIATIVE

Status: Successfully Launched & Stabilized

Ten children who were previously excluded from education have now completed their first academic term—with a 100% pass rate.

One family made the decision not to continue due to safety concerns related to travel into the city. This transition was handled with care, and a new student has since been enrolled, maintaining program continuity.

What's Working:

- Full-circle support model (education, meals, transportation, tutoring)
- Strong local leadership through our local team members, Shahbaz John & Saima
- Safe learning environments fostering confidence and participation

Impact:

For the first time, these children are not only attending school, they're succeeding in it.

What This Represents:

Education is no longer an abstract opportunity. It's now a lived, daily reality.

MAGALE ORPHANAGE UGANDA

Status: Consistent Support Established

Suivera has successfully maintained reliable monthly food supply delivery, eliminating the instability previously faced by the orphanage.

What's Working:

- Consistent nourishment has improved energy, mood, and daily functioning
- Children are able to focus on play, growth, and development rather than survival

Impact:

The shift from scarcity to stability has transformed the environment from one of uncertainty to one of predictability and care.

Next Phase (Q2):

- Development of a clean water well to address long-term health and sustainability

What This Represents:

Meeting basic needs consistently restores childhood where it was once interrupted.

KEY INITIATIVES & PROGRESS CONTINUED

LIGHT OF THE FUTURE FOUNDATION – KENYA

Status: Evolving Beyond Initial Scope

Initial support focused on the distribution of sanitary napkins. Through on-the-ground insights, a deeper need was identified: education surrounding health, safety, and empowerment.

What's Working:

- Strong collaboration with local partner Francis Ouma
- Responsiveness to real community needs rather than assumed needs

Impact:

The initiative is transitioning from resource distribution → holistic empowerment model.

What This Represents:

Listening to the community led to a more impactful, sustainable solution.

CISTERN OF HOPE FOUNDATION – KENYA

Status: Program Expansion & First Educational Activation Complete

In addition to sanitary supply distribution, the first educational program has been successfully launched.

What's Working:

- Integration of education with resource distribution
- Local leadership through Pastor Justus Kubai
- Strong community engagement and awareness response

Impact:

Young women are not only receiving necessary supplies, they're gaining knowledge, agency, and protection..

Next Phase (Q2):

- Development of additional programs to expand to all youth regardless of gender in the community - will share this program with The Light of the Future Foundation

What This Represents:

Dignity is not just provided, it's restored and reinforced for the youth in the community.

KEY INITIATIVES & PROGRESS CONTINUED

NEURODIVERSE TRANSITIONAL LIVING PROGRAM - USA

Status: Foundational Success & Model Validation

This 12-month pilot program has shown strong early indicators of long-term success while establishing a repeatable framework for neurodiverse adults transitioning toward greater independence when moving from a home environment to an independent adult living environment.

What's Working:

- Structured routines successfully implemented
- Stable, clean, and predictable living environment established
- Increased emotional regulation and real-time self-soothing
- Active participation in schedules, responsibilities, and personal development
- Growing confidence in communication, boundaries, and decision-making
- Strong trust and healthy relational patterns developing between participant and coach

Impact:

Stress recovery periods that previously lasted days are now often resolving within hours. Participants are demonstrating increased autonomy, emotional awareness, self-care consistency, and active engagement in building sustainable life skills for long-term independence.

Next Phase (Q2):

- Continued refinement of baseline tracking systems and measurable progress metrics
- Expansion of the repeatable framework for future participants
- Development of additional life-skills programming and community integration opportunities
- Exploration of long-term sustainability and scalability planning for broader implementation

What This Represents:

This is not simply a support program, it's the foundation of a scalable, heart-centered model designed to help neurodiverse individuals build stability, dignity, autonomy, and long-term independence. Once a repeatable model is established, it can be tailored, scaled and reused globally.

KEY HIGHLIGHTS & MILESTONES

- 100% academic success rate in Pakistan pilot program
- Stable, uninterrupted food supply delivered across entire quarter in Uganda
- Expansion from product distribution to education-based empowerment in Africa
- First successful community education activation in Kenya
- Neurodiverse program demonstrating measurable behavioral and emotional progress
- Frameworks emerging for scalability across multiple initiatives

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CHALLENGES & LEARNINGS

Safety & Cultural Dynamics:

- Family decisions in Pakistan highlighted the importance of adapting programs to local safety concerns.

Evolving Needs on the Ground:

- Initial assumptions (e.g., sanitary supply alone) must be continuously validated through local feedback.

Infrastructure Gaps:

- Access to clean water remains a critical next step in Uganda.

Key Learning:

The most effective impact comes from listening first, then building, rather than implementing fixed solutions.

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PERSONAL STORIES

KENYA OUTREACH

When we first began this work in our community, we thought we were simply helping provide sanitary pads for young women who could not afford them. But as we sat with families, listened to the girls, and spent more time in the community, we realized the need was much deeper than supplies alone.

Many of these young women were carrying shame in silence. Some missed school regularly. Others felt unsafe or vulnerable because they had no reliable support. There were conversations no one was having openly, even though the struggles affected so many.

What began as distribution quickly became something much more human.

Through the support of Suivera, we were able not only to provide sanitary care, but to begin creating educational programs that opened safe conversations in the community. For many of the young women, this was the first time they felt seen, heard, and supported instead of embarrassed or forgotten.

The first educational gathering impacted us deeply. We watched young people begin asking questions openly. We saw confidence begin replacing fear. We saw community members realizing that dignity, safety, and knowledge are not luxuries — they are necessities.

This work has also reminded us that true change happens through partnership. Suivera did not come to control our community or speak over our voices. They came beside us, trusted us, and empowered local leadership to help our own people in ways that respect our culture and realities.

Today, this initiative is growing into something much larger than we imagined. We are now working to expand these educational programs to reach even more youth in the community because we believe every young person deserves the opportunity to grow up with dignity, protection, and hope for their future.

To every donor and supporter reading this: thank you.

Because of your support, young women in our community are no longer walking through these struggles alone. They are beginning to understand something powerful:

They matter.

Francis Ouma & Pastor Justus Kubai
Kenya Outreach Team



PERSONAL STORIES CONTINUED

PAKISTAN OUTREACH

To many of these children, school did not feel like a realistic future. Some had been excluded because of their family's faith, some because of financial hardship, and others because opportunity had never been available to them.

For years, education was something they watched other children receive. Today, they are students due to the support of Suivera.

This first school term was emotional for all of us because every single child worked incredibly hard and successfully completed the term. We watched as these children stayed up late into the evening, day after day, doing whatever it took to be successful with the opportunity they'd been given.

Before the term began, we made the children a promise. We told them that if they completed their first term successfully, we would take them somewhere special to celebrate. And thanks to your donations we were able to fulfill that promise.

For many of these children, this was their first time sitting in a beautiful restaurant, sharing a meal together in a place that made them feel seen, welcomed, and valued. Watching them sit proudly at the table after all they had accomplished was something we will never forget.

It may seem like a simple dinner to many, but to these children, it represented something much bigger.

It told them:

You're worthy of celebration.

Your future matters.

Your hard work matters.

Because of your support, these children aren't only receiving education, uniforms, transportation, tutoring, supplies, and meals, they're beginning to experience dignity, joy, and possibility in ways many never have before.

We're deeply grateful to everyone who has helped make this possible. You're not only funding programs, you're helping restore hope in the hearts of children and families who had almost stopped believing life could change.

From the bottom of our hearts, thank you for becoming part of their story.

— Shahbaz John & Saima

Pakistan Outreach Team



PERSONAL STORIES CONTINUED

UGANDA OUTREACH

There are moments as a caregiver when you lie awake at night wondering how you will feed everyone.

At our orphanage, we care for 150 children. For many of them, this is the only home they've ever known. Every single day, the children eat nearly 14 kilograms of maize flour and 2 kilograms of beans just to provide the basic meals needed to sustain them. Over the course of a month, that becomes more than 420 kilograms of maize flour and 60 kilograms of beans.

Before support arrived, feeding the children consistently was one of our greatest burdens. There were days filled with uncertainty and quiet prayers, asking God to somehow provide enough for everyone sitting at the table.

Then Suivera came alongside us.

Because of the support from donors, the children are eating consistently. That may sound simple when written on paper, but here, it changes everything. A child who is nourished can sleep peacefully. They can focus in school. They can begin to be a child again instead of carrying the stress of survival.

Even during difficult periods, including internet shutdowns and communication disruptions surrounding the presidential elections, the support continued. That consistency meant more than I can say.

This next school term, 36 of our older students will continue attending neighboring schools while younger children continue learning within the primary program at the orphanage itself. Education is becoming part of their future, but is not more important to us than our next immediate need, which is clean water. We are grateful Suivera is also going to stand with us to assist in getting this need met.

What touches my heart most is knowing the children feel cared for. They know people they may never meet are helping make their lives safer, steadier, and filled with greater hope.

On behalf of every child sitting at our tables, and every life being held together through this support, we say thank you.

— Bishop Woopo Silver
Uganda Outreach Partner



PERSONAL STORIES CONTINUED

TRANSITIONAL LIVING PROGRAM PARTICIPANT

Five months ago, my life felt very different. I was coming out of an environment filled with stress, drama, and constant emotional overwhelm. It felt hard to breathe sometimes, hard to settle, and hard to fully be myself. I knew I needed change, but I didn't know what that change could actually look like.

Since joining the Suivera Transitional Living Program, something inside me has slowly started shifting. The new home has brought a sense of calm and peace I honestly didn't know was possible. Instead of constantly feeling like I'm bracing for the next problem, I'm learning what stability feels like. I'm learning what it means to feel safe enough to grow.

This past month has actually been fun, real fun. I've enjoyed getting to know my roommate/coach, going grocery shopping together, recovering from stressful periods, and even working through the craziness at my work. For the first time in a long time, life hasn't just been about surviving. There have been moments where I've genuinely enjoyed living.

That doesn't mean everything has been easy. Last month still came with personal struggles and stressful moments. But what's different now is how I'm responding to those moments. Before the program, small problems could turn into major emotional blowups for me. Now, I'm learning how to pause, regulate, and work through things without immediately reacting in anger.

That change means a lot to me.

I'm also becoming more responsible in ways I'm proud of. I've gotten much better about taking my medications consistently by setting reminders on my phone. I'm improving with budgeting and learning how not to overspend on groceries and gas. These may sound like small things to some people, but for me, they represent a big step in independence and progress.

What this program has given me most is belief, stability, and a knowing that I can continue building a life I'm proud of.

I honestly can't wait to see what comes next. I love Suivera and everyone in this community because they didn't just give me support, they gave me a place where I could breathe, grow, and become more of myself.

— Josh Martin
Suivera Transitional Living Program Participant



MOMENTUM & Q2 OUTLOOK

The second quarter will see Suivera and our team focused on expansion, infrastructure, and deeper impact:

- Launch of clean water well project for the Uganda Orphanage
- Expansion of education-based programs for young women in Africa
- Continued scaling of Pakistan schooling initiative
- Further development of the Neurodiverse Living Program framework



Q2 DEEPER VIEW

The second quarter will focus on strategic expansion, infrastructure development, measurable outcomes, and long-term sustainability across all active initiatives.

Uganda — Clean Water Well Project

Goal: Establish access to reliable clean water for the orphanage and surrounding community.

Q2 Targets:

- Secure local contractor and finalized project estimate
- Complete fundraising phase for well installation
- Begin drilling and infrastructure development
- Reduce dependence on transported water sources
- Expand clean water access beyond the orphanage to neighboring families where possible

Projected Impact:

- Direct impact on over 100 orphaned children currently supported through monthly meal programs
- Improved sanitation, food preparation safety, and overall health outcomes
- Long-term reduction in operational strain related to water access



Q2 DEEPER VIEW

Africa Women's Dignity & Education Expansion

Goal: Expand beyond sanitary supply distribution into sustainable education and empowerment programming.

Q2 Targets:

- Increase educational workshops and awareness gatherings within local communities
- Expand outreach programming to include all youth regardless of gender
- Develop a repeatable educational curriculum alongside sanitary care distribution
- Strengthen collaboration between Cistern of Hope Foundation and Light of the Future Foundation
- Increase community-led participation and leadership involvement

Projected Impact:

- Continued annual distribution trajectory of 34,560 sanitary products
- Increased education surrounding safety, dignity, hygiene, and personal empowerment
- Greater reduction of stigma and vulnerability among young women and youth



Q2 DEEPER VIEW

Pakistan Children's Schooling Initiative

Goal: Continue stabilizing and expanding educational access for underserved children.

Q2 Targets:

- Maintain support for all currently enrolled students
- Expand student enrollment beyond the initial pilot group
- Continue providing:
 - School tuition
 - Transportation
 - Uniforms
 - Supplies
 - Tutoring
 - Meals/snacks
- Strengthen family engagement and retention support
- Develop additional educational sponsorship pathways for future growth

Projected Impact:

- Increase educational stability and long-term retention rates
- Expand access to safe educational opportunities for additional underserved children
- Continue building a scalable educational sponsorship framework



Q2 DEEPER VIEW

Neurodiverse Transitional Living Program

Goal: Refine and validate the scalable model for supported independence and emotional stability.

Q2 Targets:

- Expand measurable baseline tracking systems
- Implement enhanced progress scoring and reporting frameworks
- Continue strengthening:
 - Emotional regulation
 - Life skills
 - Communication
 - Autonomy
 - Routine stabilization
- Finalize first level documentation and operational systems for future participant expansion
- Secure second level long-term funding pathways for program growth

Projected Impact:

- Future grant and donor support
- Increased model scalability and replicability
- Continued growth in both the ND participant and programs growth



CLOSING REFLECTION

This quarter represents something deeper than metrics. It reflects a shift

- from instability to consistency
- from exclusion to inclusion
- from survival to possibility

Each initiative is rooted in a simple but powerful principle:

When people are supported with dignity and consistency, transformation follows.

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Contact Us



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WHAT WOULD LOVE DO?

Considering giving? Your gift turns love into action—spreading heart-centered teachings, creating safe homes for families in need, and nurturing communities in over 110 countries. Every dollar you give fuels transformation, connection, and healing for those who need it most.

MAKE YOUR GIFT OF LOVE TODAY

Your donation is more than a transaction — it's a declaration. A choice to answer pain with compassion. A chance to lift someone up, right now. WHETHER IT'S \$10 OR \$10,000, YOUR GENEROSITY GOES STRAIGHT TO THOSE WHO NEED IT — NO RED TAPE, NO DELAY, JUST REAL LOVE IN MOTION.

GIVE ONCE

MONTHLY

LEGACY

Suivera is a 501(c)(3) and a 170(b)(1)(A)(i) organization – all donations are tax deductible.